



# STORYCOMP PROJECT

## WORKSHOP ACTIVITIES



# WORKSHOP ACTIVITY

## THE VIBRATING NATURE

Identifying storytelling space



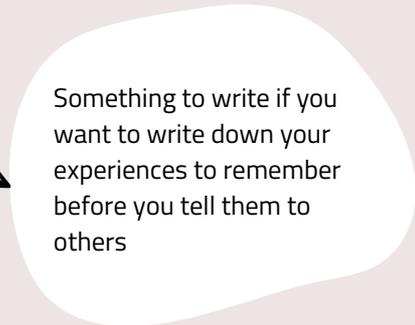
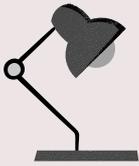
Adult educators & adult learners



15 to 30 minutes



2 to 99 (divided into pairs or small groups of max. 4 pp.); if there are a lot of participants, the evaluation can be done in small groups as well





## Methodology



### Variation I:

Find a spot that you like; stand still and close your eyes; spin a few times in circles and at a certain moment stop the spinning; open your eyes just for one second; remember what you saw and try to picture what you have seen in your head with closed eyes; repeat 2 or 3 times, then you can tell the others or you write it down.

### Variation II:

Find a spot that you like; wander around and look out for something that catches your attention, e.g. a walnut cracked open, the special form of a leaf, etc. Try to find three lines that start a story involving the objects you saw, e.g. "what is the butterfly looking for?"

### Variation III:

Find a place to sit down; close your eyes for a long moment (about 5 minutes, moderator can signal the end of that time by a bell); think about or write down everything you hear, smell (and maybe even taste) and feel (just key words). What own experiences or memories come to mind? Afterwards, tell the others about it and try to transmit the things you heard, smelled and felt to them! It is also interesting and diverse if everybody was in a different place. Try to listen to the others with your eyes closed, can you hear, smell and feel what they describe? What memories or experiences did they associate with the place?

### Variation IV:

What other creatures live in nature? Can you try to take their perspective? Try to be a bird, an ant, a squirrel, a mole, ...What can/can't you see or do? Imagine what you are doing and tell each other

## Evaluation



Ask yourself a few questions :

- Did the activity change your connection to the place?
- Which senses evoke memories, past experiences and/or stories?
- What does a place need to have to bring up stories? What should it not have? Does it have to have a special atmosphere?
- If you did the activity on Activity Sheet #2 in the city: what is the difference between them and the stories brought up in nature?





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