



# STORYCOMP PROJECT

**WORKSHOP  
ACTIVITIES**



Co-funded by  
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# WORKSHOP ACTIVITY

## ONE SKELETON - MANY STORIES



Adult educators



20 to 30 minutes  
(longer is possible)



Small group: between 4 & 16  
participants



Objective  
of the  
activity

Why do we use this exercise with adult  
educators?

- to practise the use of story  
skeletons
- to train creativity and spontaneity
- to tell stories in a group
- to have fun

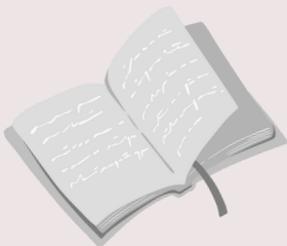
The participants should be familiar  
with the concept of story skeletons  
(see online course)

Leader of the activity: Select a story  
and create its story skeleton – make  
copies of the story skeletons for all  
participants

Preparation

Material

Copied story skeleton  
(according to the number of  
participants)





## Methodology

- (if necessary or wished: brief repetition of the concept of story skeletons/story structure)
- decision: work in pairs or alone?
- task for all participants: use the story skeleton and create your story by filling it with details and action. Don't change the parts of the skeleton but be as creative as you want for fleshing out the story.
- 5 to 10 minutes time for the "creation" of the story
- At least 2 or 3 participants/groups tell their stories, maybe more
- Enjoy the differences of the stories 😊
- Were the messages of the stories also different?

The message of the activity :

There is no "right" and "wrong" with a story - there are only different versions. It's not a problem if you tell a story differently each time. You can change the emphasis, change the focus of your audience, but the message remains the same.





## Evaluation



- What did you like most about the other stories?
- What was new/ an new experience for you?
- What have you learned? About stories and storytelling? About yourself?
- What was particularly easy for you, what more challenging?
- Do you think this activity is applicable with your learners? Why/Why not?

## References

### Example

- The skeleton:
- An old lady has a fat cat that only eats candy cat food.
- She takes the cat for a walk to get some exercise.
- The cat gets stuck.
- Firemen come to the rescue and free the cat, the old lady is very thankful.
- The cat eats better food and doesn't get stuck ever again.

### The full story: The Fat Cat (Danish Folk Tale)

There once was a little old lady in a black hat that owned a fat cat. Every day that cat would eat nothing but candy cat food. The little old lady tried to give the cat breakfast, lunch and dinner, but the cat would only eat candy cat food. One day the lady said. "Fat Cat, you are too fat, we need to go on a walk for exercise". The little old lady put on her black hat and went for a walk with the fat cat. As they were walking, the fat cat got stuck in between a garbage can and a tree. The little old lady cried "Help, Help, my cat is stuck between a garbage can and a tree." The Fat Cat cried "Meow, Meow". The Firemen came to rescue the Fat Cat. They all stood around trying to figure out how to get the Fat Cat unstuck. "We have all these hoses in our truck, we could use to flush the cat out", the Firemen said. "Oh, No!" said the little old lady in the black hat. "No, No!" cried the Fat Cat.

"Well, maybe we should push." So all the Firemen pushed and pushed, but that Fat Cat did not budge. Then one of the Firemen said: "Let's grease him up." So the Firemen used grease and butter and rubbed it all over the Fat Cat. Then they pushed and pushed and the Fat Cat slipped right out. "Oh Thank you, Thank you", cried the little old lady. "Thank you, Thank you", cried the Fat Cat.

The little old lady in the black hat and the Fat Cat went home. The Fat Cat said to the little old lady, "I don't want to get stuck again."

So she ate her breakfast, lunch and dinner and didn't eat any more candy cat food. And you know what... The Fat Cat wasn't so fat anymore and she never got stuck again.





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