



# STORYCOMP PROJECT

**WORKSHOP  
ACTIVITIES**



Co-funded by  
the European Union



Supporting the brain and the memory

# WORKSHOP ACTIVITY

## MEMORISING WITH STORIES



Adult educators



20 to 25 minutes



Between 4 & 16 participants



Why do we use this exercise with adult educators?

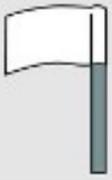
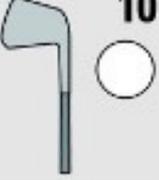
- to remember numbers more easily
- to stimulate creativity and use it for memorising
- to get a first idea of how memory techniques work with stories



The leader should prepare this picture in a way that s/he can show it the whole group (via Beamer or a paper copy for each person/each pair or painted on a board/flip chart ...)



See preparation: the picture visible for all participants

Die Zahlensymbole nach der Geisselhart-Methode <small>©TEAMGEISSELHART GmbH www.teamgeisselhart.de</small>	0 	1 	2 
3 	4 	5 	6 
7 	8 	9 	10 





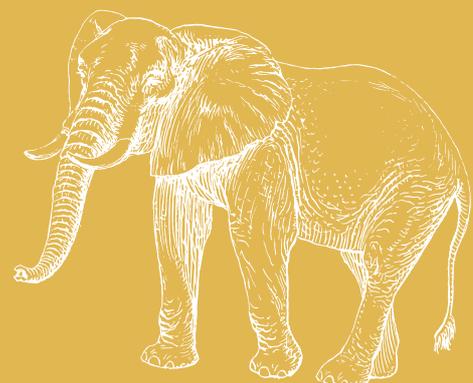
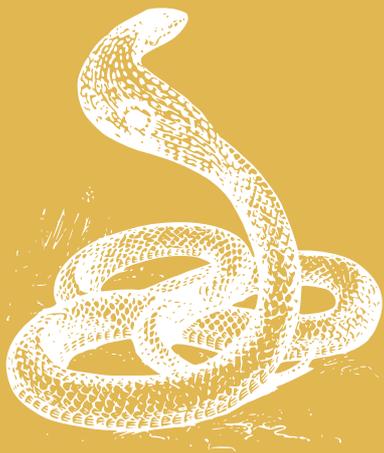
## Methodology



- The leader briefly introduce the memory technique: You internalize a picture for each number (see picture). It's easy because there is a connection between the numbers and the image/shape.
- The leader demonstrates with one example how you can build a story with the number-pictures and thus remember the numbers and the sequence

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- The elephant (6) very carefully picked up the egg (0) from the ground, when suddenly a snake (9) hatched out of it. With joy, he grabbed a trident (3), stuck a candle (1) on top and turned his egg timer (8) to wait patiently to see what else would happen.
- Do you have the pictures of this story in your mind? Can you repeat the story? And can you deduce the number from it?
- Everybody or every pair thinks of a 6-8 digit number.
- With the help of the pictures, the participants create their number story (approx. 5-10 minutes).
- Afterwards, the participants/pairs tell each other their stories. Can the others identify the number?





## Evaluation

- Which of the stories(numbers) do you remember?
- What makes a story particularly good to remember?
- What was new/ an new experience for you?
- What have you learned? About stories and storytelling? About yourself?
- What was particularly easy for you, what more challenging?
- Do you think this activity is applicable with your learners? Why/Why not?



## References

- [In German only.](#)





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